

FIRST 5 KERN
KERN COUNTY CHILDREN AND FAMILIES COMMISSION

TECHNICAL ADVISORY COMMITTEE

Regular Meeting
Monday, March 21, 2022

Zoom Videoconference
<https://zoom.us/j/99437547122?pwd=QXp1L1Y2MVJtcWI2M3ljNkJ6NEpRdz09>

MINUTES

COMMITTEE CONVENED @ 8:33 A.M.

ROLL CALL

Committee Commissioners present: Wood (Chair), Carrigan, Richers

Committee Commissioner absent: Judd

Committee Members present: Irvin, Moser, Neiblas-Valenzuela, Ram, Silva, Wood-Slayton

Committee Members absent: Apple, Chairez, Erickson, Mena, Pierce, Starika

PUBLIC PRESENTATIONS

- 1) NONE

REPORTS AND ANNOUNCEMENTS

- 2) Chairperson's Report and Report from the Commission – NONE

- 3) Committee Members

- Commissioner Carrigan gave a Covid-19 update.
- Commissioner Carrigan reported in early February, the Public Health Department launched the #KnowYourNumbers campaign. This traveling six-week program offers free health screenings, fitness classes, and nutrition classes. Commissioner Carrigan said in our county, 78% of adults are overweight or obese. In addition, Commissioner Carrigan said we have a very high chronic disease rate to the point we are in the top five counties for mortality due to heart disease, diabetes, and other risks.
- Commissioner Carrigan reported that the Waste Hunger Not Food Kern County program takes edible, surplus food from restaurants, schools, and markets that otherwise may be wasted and distributes it to those in need.
- Committee member Silva reported Kern Health Systems, through its affiliate, Kern Family Health Care, has opened its 2022 School Wellness Grant Program for public schools and districts in Kern County to implement a school-based wellness program starting in the 2022-2023 school year. This grant program aims to engage students and stakeholders in activities that promote and support students' physical, social, and emotional well-being. The grant is a two-year agreement with an award of

up to \$50,000.

- 4) Executive Director's Report
 - Mr. Maier reported on the Strategic Planning Session on March 3, 2022.
 - Mr. Maier reported Camille Maben, Executive Director, First 5 California, has retired and the new Executive Director appointed is Jackie Thu-Huong Wong.
 - Mr. Maier reported The First 5 Association is hiring an Executive Director.
 - Mr. Maier announced his retirement at the end of July 2022, and First 5 Kern is seeking to hire a new Executive Director.

ITEMS FOR CONSIDERATION

- 5) Minutes of March 15, 2021, and June 21, 2021, meeting – APPROVED
Motion by Commissioner Carrigan
Second by Commissioner Richers
All Ayes

PRESENTATION

- 6) Strategic Planning Workshop Report
 - Hector Gutierrez, Strategic Initiative Specialist, gave an update on Strategic Planning of March 3, 2022, and responded to questions.

ADJOURNMENT

- 7) Adjourned to Monday, June 20, 2022, 8:30 A.M., 2724 L Street, Bakersfield